

INGREDIENTS TO KEEP ON HAND FOR CHEMICAL FREE CLEANING

Water	Baking soda
Castile soap (bar and liquid)	white vinegar
Lemon and lemon juice	essential oils
Borax	empty containers and jars
Super washing soda	empty spray bottles
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Vinyl and Tile Floor Cleaner	
1 gallon hot water	10-20 drops essential oil
2 tablespoons white vinegar	mix in a bucket and wash with a mop or with a microfiber cloth
2 teaspoons Castile soap	
2 tablespoons washing soda	
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Powdered Laundry Detergent	
1 bar Castile soap (grated)	30 drops essential oil
2 cups borax	Mix and put in an airtight container. Use 1 tablespoon per load.
2 cups super washing soda	
1 cup baking soda	
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Glass and Mirror Cleaner	
1 cup white vinegar	Mix ingredients and put in a spray bottle. Spray and wipe with a microfiber cloth. (May Use newspaper also)
1 cup water	
3 drops essential oil	
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Carpet Freshener	
2 cups baking soda	Mix and put in a jar with a shaker top. Sprinkle on carpet, Let sit for 15 min. Vacuum up.
10-20 drops essential oil	
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Hardwood Floor Cleaner	
1 gallon hot water	Mix in a bucket. Wash with a mop or with a microfiber cloth.
1/2 cup white vinegar	
2-3 drops essential oil	
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All-Purpose Scrub	
1/4 cup baking soda	Sprinkle baking soda on surface. Add you soap and water mix and scrub.
1 tablespoon Castile soap	
Water to desired consistency	
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Disinfectant

1/2 cup white vinegar
2 cups hot water
1 teaspoon washing soda
10 drops melaleuca oil

Mix in spray bottle. Spray and wipe clean.

Disinfectant

Spray bottle
Peroxide
Water
Essential oil

Use half water, half peroxide. Add oil of your choice. Spray and wipe

Disinfectant

Mix white vinegar half and half with water in a spray bottle. Add essential oil if you want and spray and wipe.

All-Purpose Cleaner

1/2 cup white vinegar
Juice of 1 lemon
2 cups water
1/2 teaspoon Castile soap

Mix in spray bottle. Spray and wipe clean.

ANT KILLER - KEEP AWAY FROM KIDS AND PETS.

Put 1/2 cup of sugar in a bowl. Add 3 Tablespoons of Borax and mix well. Add a little water, just enough to make it thick syrup. Put this in a shallow dish and the ants will flock to it. They will not die right away, but carry it back to the next and it will kill the entire colony quickly.

You can dribble this around ant hills too.

ANT AND SPIDER SPRAY

Fill a small spray bottle 3/4 full of distilled water.
Add 2 tablespoons of witch hazel to the spray bottle.
Add 12 drops of Peppermint Essential Oil and shake well.

Spray it around your door and window openings or wherever you think they are coming in. every once in awhile you can spray your patio area to keep them away from your cook outs or just keep them away from you. It won't kill them but they will stay. .

You can also drop a few drops of Peppermint Essential Oil in an ant hill and they will move on immediately.

