



**ATTENTION:** News Director

**FOR IMMEDIATE RELEASE**

**FOR MORE INFORMATION CONTACT**

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## **Think Pink, Live Green**

The "Splash of Color" Support Group will meet **Thursday, August 14 from 5-7 pm**. It will be held at Waterloo Public Library, 415 Commercial Street in Waterloo.

The topic of the meeting is "Think Pink, Live Green." The "Thinking Pink" is learning to tell your cancer story and the importance of being a breast cancer advocate. "Living Green" is about cleaning up the way we eat, planning healthy meals, exercise and living healthy lives.

Christine Carpenter, breast cancer survivor and advocate will tell her cancer story and share about her local and national efforts to end breast cancer. Carpenter and event organizer Cathy Ketton, traveled with a group to Washington DC in May. They will talk about their recent trip to the National Breast Cancer Coalitions' Leadership conference. There will also be an activity to help participants plan three days of healthy meals.

This FREE event is open to all women of color living with breast cancer. Refreshments are provided by Panera Bakery-Café. Activities are planned from 5 to 7 p.m., but participants can come and go as their schedules allows. Child care is available, but must be pre-arranged.

### The schedule of evening events:

5:00-5:30 pm Light Dinner & Fellowship  
5:35-6:50 pm Table Discussions with Presenters and Participants  
6:50-7:00 pm Wrap Up/Closing

For more information about the "Splash of Color" Breast Cancer Survivor Support Group call Cathy Ketton at 319-493-8857; or go to the Beyond Pink TEAM website at [www.cedarvalleybreastcancer.org](http://www.cedarvalleybreastcancer.org).

The "*Splash of Color*" Support Group is sponsored by the Beyond Pink TEAM. The Beyond Pink TEAM is part of the Cedar Valley Cancer Committee, and is a non-profit organization made possible by the collaborative efforts of many health organizations, businesses and dedicated individuals' throughout the Cedar Valley. The Beyond Pink TEAM's mission is to provide breast cancer prevention, education, support and advocacy for comprehensive, quality care in the Cedar Valley and surrounding communities. Going beyond pink ribbons, beyond pink light bulbs, beyond pink trinkets; Beyond Pink, we accomplish our mission by **Taking action, Educating, Advocating and Making a difference.**

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